



Steve is an experienced practitioner and guide in both Meditation and Mindfulness for over fifteen years. He develops and delivers The Wellness of Being programme (WoB) based on his [Research in Action](#) as part of the Self language in [The Art of Sustainability](#) (AoS).

Having worked for decades at many levels in government and corporate organisations, Steve is keenly aware of the challenges required to rethink for a Sustainable future.

He has completed both the Gaia Education: Design for Sustainability (GEDS) certificate and Trainer of Trainers programme.

[Gaia Education](#) was a Key Partner for UNESCO's Global Action Programme (GAP) on Education for Sustainable Development (ESD) which ran 2015-2019 as a precursor to the current United Nations' (UN) Decade of Action 2020-2030 to deliver the Sustainable Development Goals (SDGs)

Steve is also a certified Level 3 [Forest School](#) Leader

In 2019 Steve completed his Carbon Literacy Training with [The Carbon Literacy Project](#) (CL) recognised by the UN at COP21 where it was awarded one of 100 worldwide Transformative Action Programs.

Steve has since blended his WoB approach with Carbon Literacy and received CL accreditation for his [Towards Net Zero - Carbon Literacy for People & Organisations](#) course as well-being cannot be delivered in an unwell environment.

Steve's strong interdisciplinary skills to facilitate and consult across many sectors equips him to deliver the behavioural change required for Sustainability changemakers.

Steve gives talks and writes articles as well as collaborating with colleagues in the Academic and Corporate languages.

Steve is the founder of The Art of Sustainability.